



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.

Phone : 044-30101111, Fax : 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

PROGRAM / EVENT REPORT	
Name of the program	PORKALAM 2024
Date and Time	29.4.2024 – 2.5.2024
Venue	TAGORE SPORTS VILLAGE
Target audience	MBBS STUDENTS
Number of Participants	100
Program Organised by	CRMI 2018 BATCH
Resource person	
Objective of the Program	To let students actively participate in extra curricular activities like sports.


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Detailed report of the program

Porkalam '24 - Sports Tournament Report

The Porkalam '24 sports tournament was inaugurated by our Dean on April 29, 2024, at the volleyball court. The following events were held:

- **Men's Games:** Cricket, Football, Volleyball, Badminton, Table Tennis, Carrom, Chess
- **Women's Games:** Throwball, Kho-Kho, Badminton, Table Tennis, Carrom, Chess
- **Athletics:** Conducted for both men and women

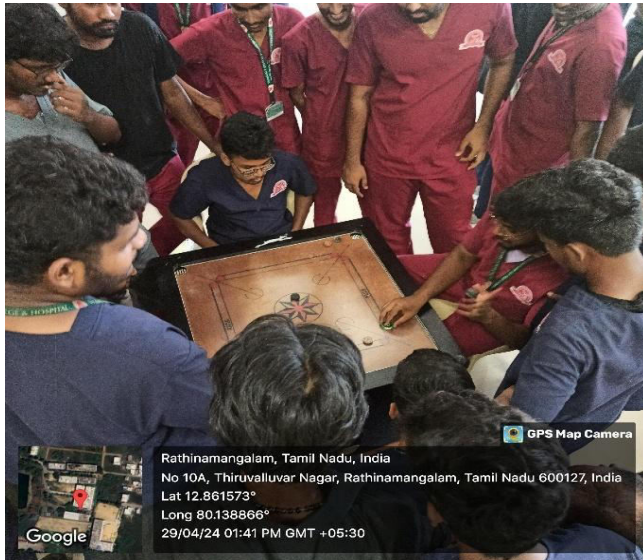
The athletics events, along with badminton and table tennis, were held at the Tamil Nadu Physical Education and Sports University, while the other games were conducted on our college campus. The overall championship of Porkalam '24 was awarded to the CRMI batch.

The valedictory function took place on May 2, 2024, in the main auditorium. Mr. G. Ajitesh, a player for TNPL Nellore Royal Kings and the Tamil Nadu Senior Cricket Team, served as the chief guest and presented prizes to the winners. The event was graced by Dr. M. Mala, Chairperson of the Tagore Group of Institutions; Mr. G. Manikandan, Secretary of the Tagore Group of Institutions; Dr. J. Muthukumaran, Dean of Tagore Medical College & Hospital; and Dr. D.H. Gopalan, Vice Principal of Tagore Medical College & Hospital.


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PORKALAM 2024 -TENTATIVE SCHEDULE

29.04.2024 MONDAY (DAY 1)		
1:00-2:00PM	CHESS (B&G)	3 rd Floor Auditorium
	CARROM (B&G)	
2:00-5:00PM	THROWBALL (G)	Court Near Bus Parking
	VOLLEYBALL (B)	
4:00-5:00PM	FUTSAL (B)	Tagore Sports Village
30.04.2024 TUESDAY (DAY 2)		
1:00-2:00PM	CHESS (B&G)	3 rd floor auditorium
	CARROM (B&G)	
2:00-5:00PM	KHO KHO(G)	Tagore Sports Village
	BASKETBALL (B)	Tagore Engineering College
	CRICKET (B)	Wahe Guru cricket academy (Kandigai 3 km from TMCH)
4:00-5:00PM	FUTSAL (B)	Tagore Sports Village


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02.05.2024 THURSDAY (DAY4)		
8:30 – 9:30AM	KHO KHO (G) (FINALS)	Tagore Sports Village
	FUTSAL (B) (FINALS)	
10:00-11 AM	THROWBALL(G) (FINALS)	Court Near Bus Parking
	VOLLEYBALL (B) (FINALS)	
1:00- 3:00 PM	<u>PORKALAM PRESENTATION CEREMONY</u> WITH PRIZE DISTRIBUTION BY CHIEF GUEST AND VOTE OF THANKS	College Entrance Road FLAG hoisting area



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01.05.2024 WEDNESDAY (DAY 3- HOLIDAY)		
7:30-10:00PM	<u>ATHLETICS</u>	SPORTS UNIVERSITY (Kandigai 4 km from TMCH)
	TRACK <ul style="list-style-type: none"> • 100mts (B&G) heats, • 200mts (B&G) heats, • 400mts (B&G), • 800mts (G), • 1500mts (B) FIELD <ul style="list-style-type: none"> • discuss throw(B&G) • shot put (B&G) 	
10:00 -1:00PM	BADMINTON(B)	SPORTS UNIVERSITY
	TABLE TENNIS (G)	
	CRICKET (B)	Wahe Guru cricket academy (Kandigai 3 km from TMCH)
2:00 – 4:00PM	BADMINTON (G)	SPORTS UNIVERSITY
	TABLE TENNIS (B)	
	CRICKET (B)	Wahe Guru cricket academy (Kandigai 3 km from TMCH)
4:00 -5:00 PM	<u>ATHLETICS</u> <ul style="list-style-type: none"> • 100mts(finals) • 200mts(finals) • 4x100 relay 	SPORTS UNIVERSITY


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Organising Chairperson	Head of the Institution



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INTERNAL QUALITY ASSURANCE CELL

PROGRAM REPORT FORM

Name/Title of the program	PORKKALAM - Annual sports meet	
Date and Time	01/06/2023	10 AM
Venue	TMCH GROUND	
Target audience/Stakeholder	STUDENTS	
Number of Participants	450	
Program/Event Organized by	STUDENT COUNCIL COMMITTEE & PHYSICAL EDUCATION DEPARTMENT	
Objective of the Program	TO PROMOTE PHYSICAL EDUCATION	


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Detailed report of the program

It's great to hear about the successful celebration of PORKKALAM at Tagore Medical College & Hospital on June 01, 2023. The active participation of faculty members, CRRIs, and medical students in various sports and games created a vibrant and engaging atmosphere.

The choice of sports and games, including Cricket, Football, Kho-Kho, athletics, badminton, carrom, and Chess, seems to have provided a diverse range of activities for everyone. It's commendable that the Student Council committee, under the guidance of Prof. Dr. M. Mala, played a crucial role in organizing such a delightful event.

The fact that faculty members also participated in events like carrom and chess adds a nice touch of camaraderie and inclusivity to the sports meet. The positive feedback from the students indicates that the event was not only well-organized but also thoroughly enjoyed by all participants. Such events contribute not only to physical well-being but also foster a sense of community and teamwork among students and faculty.

Hearty Thanks to Tagore Medical College & Hospital on the success of PORKKALAM, and kudos to Prof. Dr. M. Mala and the organizing committee for their efforts in making the event a memorable one.


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INVITATION:

TAGORE MEDICAL COLLEGE AND HOSPITAL
ZYLORIANS '20
Proudly presents


JUNE 1
1:30-3:30pm
at Auditorium


CHIEF GUEST
MR. R. KARTHIKEYAN
Former CSK player

2023
PORKALAM
An EXCELSIORS Farewell
Batch 2017

CHIEF PATRONS
DR. M. MALA, M.A., M.PHIL., PH.D.
CHAIRPERSON AND MANAGING TRUSTEE
TAGORE EDUCATIONAL TRUST
MR. G. MANIKANDAN
SECRETARY, TAGORE EDUCATIONAL TRUST

PATRONS
PROF DR. J. MUTHUKUMARAN, MS, MCH
DEAN
PROF DR. D.H. GOPALAN, MS, PH.D, ACME
VICE PRINCIPAL
PROF DR R. KARUNANITHI, MS
MEDICAL SUPERINTENDENT
PROF DR. T. RAVICHANDRAN, MD, DCH
CRMI COORDINATOR


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Certificate

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STUDENT COUNCIL <i>in association with</i> PHYSICAL EDUCATION DEPARTMENT		
Certificate of Participation		
This is to certify that Mr/Mrs/Ms.		

has participated in "PORKALAM '23" held on 1st June 2023 at Tagore Medical College and Hospital, Rathinamangalam, Chennai - 600 127.		
Prof. Dr. J. MUTHUKUMARAN DLO, M.S., M.Ch., Dean, TMCH	Prof. Dr. B. JAYAKUMAR M.S. Medical Superintendent, TMCH	

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Organizing Secretary	Head of the institution